

Reflection Questions

1. What is the greatest lesson you learned this past year that you never want to forget?
2. How might you have behaved or acted differently this past year if you could do it over again?
3. Looking back over the year, what did you set out to do that you didn't do and why?
4. What key discipline did you live out this past year that had a significant impact on your life? What was the impact?
5. What are you most proud of this past year?
6. What were the key surprises (good or bad) that happened this past year?
7. Which relationships in your life grew this year and which regressed?
8. If you could go back to the beginning of this year, what piece of advice would you give yourself and why?
9. Looking back, what was the overarching theme for the year?

