



REFLECT

an activity that encourages personal application and prayer

SAY

Today, we're going to make a list of good things God made. Think about how God made the world and everything in it—kangaroos, rain drops, strawberries, sunshine, snowflakes, people . . . there are A LOT of things to think about! Pick one of the things God made. When I say your name, tell me your one thing. I will write it in our prayer journal.” *(Say each person’s name and write down what they say)*

Wow! This is a great list! God is good! Let’s use our list when we talk to God. Would anyone like to pray before I pray? *(Give each person who wants to pray the opportunity to do so.)*

SAMPLE PRAYER

Dear God, You are so good! You made a wonderful world for us to live in and filled it with so many good gifts for us to enjoy. We want to thank You for some of those good things. Thank You for *(read all the things you listed together)*. Please help us to remember to pray and thank You for Your goodness every day. We love You, God.
In Jesus’ name, amen.”

