



## MOVE

an activity that uses a preschooler's natural desire to move  
to help them learn

### MATERIALS NEEDED

A bottle of water

### SAY

Today, we're going to play a game of hide and seek. We'll be the seekers looking for the hidden battle of water.

Let's start walking. Do you see any water, yet? *(Walk around the room then start the actual search.)*

I don't either. Oh, I'm getting tired and thirsty. Where could that water be? Let's keep walking. Show me your tired, thirsty faces. *(Pause.)* Let's try to find the water. Where should we look? *(Pause.)* No water here. I'm soooo thirsty. Where should we look next? *(Pause.)* Did we find it? *(Pause.)* But I'm so thirsty! I guess we should keep looking. *(Keep walking and looking.)*

### WHEN YOU FIND THE BOTTLE SAY....

Yay! We found the water! *(Pause.)* WOW! I'm so tired now. Let's sit down. Show me your happy faces. *(Pause.)* Great job, friends!"

Today in our true story from the Bible, we learned how God took care of a woman and her son who were walking out in the desert. They were so hot and tired, and they didn't have any water to drink. Then Hagar and her son started crying they thought no one would hear them. . But God always hears us! God sent an angel who told Hagar not to be afraid, that God heard her son's cry and He was showing her where to find water. God took care of Hagar and her son, and God will take care of us too. God's got it!

