

24**WEEK 4:****OCTOBER 25TH - OCTOBER 30TH****FASTING GUIDELINES****Standard Fasting Guidelines:**

This week is the ***LAWD-HA-MERCY Fast!*** We will forego eating from midnight Sunday night to Friday at 6:00pm. You may have liquids during this fast (anything that fits through a straw)! You might try a juice fast.

ALTERNATE FASTING GUIDELINES**Nutritional Fasting Guidelines:**

Fast from food in the mornings and evenings and enjoy a healthy meal or a few snacks throughout the afternoon hours. Sustain your blood sugar levels with smoothies, broth and fresh fruit juice.

Entertainment Fasting Guidelines:

Enjoy the silence and stillness of God. No screen time or audio this week! Shut it all down! Add an “away” message to your social media pages that you will not be responding and provide other means of contact, if needed.

25 WEEK 4 REVIVAL HISTORY

Samson Amaadi (Ghana 1800s)

In the inland kingdom of Akuapem, a young man named Amaadi became a native preacher, working for foreign missionaries. As he read the Bible, he discovered a message of power that the missionaries themselves did not see. One year, the missionaries sent him to another ethnic group—people who worshiped a god who was feared for many miles in every direction. It was a dangerous assignment: undercutting a powerful shrine and its powerful priests. One day, a young boy named Kwame died, and the priests determined that the child had been the victim of the god, who was angered at Amaadi's presence in town. Brought before the dead boy in the center of the village—presumably to be convicted of offending the god—Amaadi instead closed his eyes and called down God's power. He opened them when the crowd began to roar in astonishment as Kwame was brought back to life! Here was concrete evidence to all who witnessed the event that the God of the Bible was more powerful than the shrine. To this day, Kwame's resurrection from the dead remains a central moment in the kingdom's history.

IN SAMSON AMAADI'S LIFE, we can see that God can give his people the courage to confront all forms of power and authority—from hostile crowds to angry gods!

26 WEEK 4 BIBLICAL STUDY

BIBLICAL READINGS

Samson Amaadi confronted power with God's power. Many stories in Scripture tell of God's people, and God Himself, standing up to and speaking truth to power. Their prophetic courage is rooted in faith. Faith in the all-powerful Creator of all things. And faith in God's love and concern for them. This week, read how these prophetic acts brought about the revival of God's people through these passages:

- **Monday** – *2 Kings 18:1-19* Elijah speaks truth to Ahab
- **Tuesday** – *2 Kings 18:20-40* Elijah and God show the people what real power looks like
- **Wednesday** – *Judges 4:1-24* Deborah leads and empowers, and Jael finishes what God started
- **Thursday** – *Mark 3:1-6* Jesus confronts stubborn hearts
- **Friday** – *Acts 4:1-22* Peter - a former coward – stands up to everybody