

15**WEEK 1:****OCTOBER 4TH - OCTOBER 9TH****FASTING GUIDELINES****Standard Fasting Guidelines:**

This week is the ***Media, Soda, and Sweets Fast***. You may eat any meal. Avoid using any form of media (TV, phones, Internet, etc.) that is not work, church, or school related from midnight Sunday night until 6:00pm on Friday.

ALTERNATE FASTING GUIDELINES**Nutritional Fasting Guidelines:**

Find new, healthy drinks, recipes and desserts you can incorporate into your meals this week.

Entertainment Fasting Guidelines:

Only engage in Christian media this week

16 WEEK 1 REVIVAL HISTORY

Mexico, 1500s

One of the most bitter moments in the history of Christianity came as Christian armies invaded and defeated the indigenous peoples of the Americas. Horrifying scenes of bloodshed, committed by soldiers who considered themselves Christians, was only the beginning: in Mexico in the middle of the 1500s, the conquerors proceeded to establish oppressive and abusive governing systems, often with the explicit blessing of the Church. In this dark hour, however, God spoke to the men and women of Huejotzingo (pronounced “way-hoe-tsin-go”), a village near the city of Puebla, showing them that Jesus’ death on the cross was for all people, including the conquered Mexicans. In their native language of Nahatl, the people of Huejotzingo began to compose songs worshiping the baby Jesus as the “Spirit Child” and the crucified Jesus as a human sacrifice, whose blood made it possible even for the conquered Indians –the ultimate outsiders–to lay claim to God’s mercy.

IN THE WITNESS OF HUEJOTZINGO, we see how revival is God’s handiwork: the Holy Spirit called people to God not because of the witness of Christians, but in spite of it!

17 WEEK 1 BIBLICAL STUDY

BIBLICAL READINGS

Like the Huejotzingo in Mexico, God's chosen people also knew what it was like to be oppressed and marginalized. The Israelites spent several generations in Egypt, many as slaves, before crying out to God and being delivered when God called and prepared Moses, Miriam, and Aaron. God heard their groans, and was concerned about them (Ex. 2:23-25). The result was plagues for the Egyptians but revival, freedom and a renewed faith in God for the Israelites. The early chapters of Exodus tell the story. This week, read these passages each day:

- **Monday** – *Exodus 1:1 - 2:10* Sets the stage for the revival God is about to spark in His people
- **Tuesday** – *Exodus 2:23-25* The key passage this week – people cry out and God HEARS.
- **Wednesday** – *Exodus 3:1 - 4:31* God PREPARES Moses, Miriam, Aaron and the Israelites
- **Thursday** – *Exodus 5:1 - 6:8* God PROMISES
- **Friday** – *Exodus 7 - 14* God DELIVERS