

District Unity Meeting Workshop Handout
4 Elements of the FISH Philosophy
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Introduction

The book Fish is used to teach and train individuals on how to love what they do, and make their workplace an energetic, enthusiastic and wonderful place to be.

The principles used in the book can be implemented in our churches to create thriving churches. Fish challenges us to have the courage to change!

1. Choose Your Attitude

Your Attitude is You! It is your mannerisms and behavior. It will show up everywhere you go. Your attitude is demonstrated in the way you act and the things you say.

You always have a choice about the attitude you bring into your church. This is one of the key elements Mary Jane discovered at the Fish Market. Workers at the Fish Market had taken boring work and made it interesting. They changed their environment by changing their attitude!!

Colossians 3:12

Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;

- Take responsibility for how you respond to what life throws at you. Your choices affects others.
- Ask yourself: Is my attitude helping my team or my situation?
Is my attitude helping me to be the person God wants me to be?
- You have the power to change.

2. Play

You can be serious about your work without taking yourself too seriously.

Proverbs 17:22

A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

- Enjoy what you do
- Choose fun to lighten the atmosphere by having a merry heart. Laughter is good for the soul. Happy people treat each other well.
- Fun leads into creativity and having a good time is healthy.
- Work becomes a reward and not just a way to Rewards.

3. Make Their Day

It's just nice to be nice!!

Be kind to each other, learn how to pay it forward, just as David did in 2 Samuel 9:1. David wants to show kindness to the household of Saul because of Jonathan's kind Deeds towards him.

You can pay it forward! You don't know who will bless you or your family based upon your kindness.

2 Peter 1:7

And to godliness brotherly kindness; and to brotherly kindness charity.

- Find simple ways to serve or delight others in a meaningful and memorable way.
 - It's about contributing to someone else's life not looking for anything in return.
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4. Be Present

Be there!!!

Hebrews 6:10

God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.

- Be fully engaged with the people you're serving
 - Concentrate on one individual at a time
 - Connect emotionally by listening with your eyes, ears and heart
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Food for thought:

Do you believe that "it is not what happens to us, but, how we respond that hurts us?"

Why? _____

Give an example of "being present" for your church and community.

How can you "make someone's day" in your church or community ?

How can you "play" in your church or in the position you hold?
