

By the Sea Yoga Inc., doing business as Sidney Hot Yoga

Terms and Conditions of Purchase – Drop-In Class

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The following are the terms and conditions of your purchase of a Drop-In Class at Sidney Hot Yoga. In these terms and conditions “You”, “your” and “I” refers to you, the purchasing student, and “We”, “Our” and “Sidney Hot Yoga” refers to By the Sea Yoga Inc., doing business as Sidney Hot Yoga. Please read these terms and conditions carefully. By purchasing and attending a Drop-In Class you agree to these terms and conditions.

- 1. Services Provided:** You are entitled to attend one scheduled yoga class at Sidney Hot Yoga, space permitting. *Note: Mat and towel services, and use of change rooms and showers, are not available at this time under our COVID-19 Policy. See below.*
- 2. COVID-19 Policy:** Our operations at the Sidney Hot Yoga studio have changed due to the COVID-19 pandemic. We have developed and are following a COVID-19 Policy which is based on guidelines from the Provincial Health Officer, Vancouver Island Health Authority and WorkSafe BC. Our COVID-19 Policy is available for your review on our website. However, the risk remains that in spite of any precautions we are taking, you could be exposed to the SARS-CoV-2 virus while at the studio, and could contract COVID-19 despite our efforts. We request that you read our entire COVID-19 before coming to class. Please note that:
 - a. You must pre-register for class in advance via the studio website – walk-ins are not accepted at this time.
 - b. Space in the studio is limited due to social distancing requirements. You will be assigned a numbered space upon arrival at the studio.
 - c. Please do not come to the studio if you are experiencing any COVID-19 symptoms.
 - d. Please do not come to the studio if you have travelled outside of B.C. the last 14 days.
 - e. Showers and change rooms are closed until further notice.
 - f. Please bring your own mat and towel to class, as well as any props you wish to use.
- 3. ACKNOWLEDGMENT OF RISK AND WAIVER OF LIABILITY:** You understand that there are risks associated with any exercise program. You acknowledge that the practice of yoga requires physical exertion and involves certain inherent risks which may result in physical injury, including but not limited to overexertion, dehydration, and muscle strain. You fully accept and assume full responsibility for all injuries, damages, or losses of any kind that you may suffer or incur from participating in any of By the Sea Yoga Inc.’s yoga classes. You acknowledge that it is your responsibility to consult in advance with a physician if you have any medical conditions which may affect your ability to participate in class. You acknowledge that you are responsible to advise your instructor of any physical conditions which may limit your participation in a yoga class.

You also acknowledge the risk of exposure to the SARS-CoV-2 virus while at the Sidney Hot Yoga studio, despite precautions being taken by By the Sea Yoga Inc. (Sidney Hot Yoga).

You agree to waive, release and discharge By The Sea Yoga Inc., its owners, directors, staff, teachers and volunteers, from all claims and liabilities arising or resulting from any injury, death or damage that you may suffer as a result of your participation in yoga classes at Sidney Hot Yoga, including but not limited to any exposure to, transmission of, or infection with the SARS-CoV-2 virus, and whether or not the negligence of Sidney Hot Yoga, its owners, directors, staff, teachers and volunteers has caused or contributed to that injury, death or damage.