

Grow. Give. Go.

## THE WAYFARER'S COMPANION

SERMONS FROM THE PSALTER

HYMN 16

"GRATEFUL FOR THE HEAVY HAND OF GOD"

*"The Blessedness of Brokenness"*

(Psalm 32)

### INTRODUCTION:

"For day and night Your hand was heavy upon me..."

—Psalm 32:4a

- **Premise:** If we are willing to \_\_\_\_\_ it and \_\_\_\_\_ to it, we will come to discover as David did that the heavy hand of God... is the \_\_\_\_\_ hand of \_\_\_\_\_.

### ● THE CLASSIFICATION OF PSALM 32:

- **The 32nd Psalm is a \_\_\_\_\_ Psalm.**

—The \_\_\_\_\_ of the seven (6, 32, 38, 51, 102, 130, 143), the \_\_\_\_\_ of the thirteen "Maskil" Psalms ("for instruction"), and it is the \_\_\_\_\_ of what has been called the \_\_\_\_\_ Psalms (25-39).

### ● THE CONSTRUCT OF PSALM 32:

- 1) A \_\_\_\_\_ (v. 1-2)
- 2) A \_\_\_\_\_ (v. 3-9)
- 3) A \_\_\_\_\_ (v. 10-11)

### ● THE CONTEXT OF PSALM 32: 2 SAMUEL 11

"But the thing that David had done was evil in the sight of the LORD."

—2 Samuel 11:27b

### 1A. THE PSALMIST'S OPENING STATEMENT: THE \_\_\_\_\_ (v. 1, 2)

- THE \_\_\_\_\_ OF \_\_\_\_\_

"How blessed is he whose transgression is forgiven,  
Whose sin is covered!

How blessed is the man to whom the LORD does not impute iniquity,  
And in whose spirit there is no deceit!"

2A. THE PSALMIST'S STORY: AN \_\_\_\_\_ (v. 3-9)  
• THE \_\_\_\_\_ TO \_\_\_\_\_

1B. Listen and Learn as David Speaks: (v. 3-7)

1C. His \_\_\_\_\_ (v. 3-4)

*"When I kept silent about my sin, my body wasted away  
Through my groaning all day long.*

For day and night Your hand was heavy upon me;

*My vitality was drained away as with the fever heat of summer." Selah.*

- \_\_\_\_\_ hearts don't \_\_\_\_\_ their sinful condition.  
\_\_\_\_\_ hearts don't \_\_\_\_\_ their sinful condition. (Matthew 5:3, 4)

2C. His \_\_\_\_\_ (v. 5)

*"I acknowledged my sin to You,*

*And my iniquity I did not hide;*

*I said, 'I will confess my transgressions to the LORD';*

*And You forgave the guilt of my sin." Selah.*

—**DEFINITION:** Confession means to acknowledge one's sin in light of God's **holiness and truth**. It is to call it what God calls it without \_\_\_\_\_ or **rationalization** (Leviticus 5:5; Psalm 32:5; 38:18; James 5:16; 1 John 1:9).

Confession of sin is the indispensable \_\_\_\_\_ to forgiveness and is the starting point of true \_\_\_\_\_.

3C. His \_\_\_\_\_ (v. 6-7)

*"Therefore, let everyone who is godly pray to You in a time when You may be found;  
Surely in a flood of great waters they will not reach him."*

*"You are my hiding place; You preserve me from trouble;*

*You surround me with songs of deliverance." Selah.*

2B. Listen and Learn as God Speaks: (v. 8, 9)

1C. The \_\_\_\_\_ (v. 8)

*"I will instruct you and teach you in the way which you should go;  
I will counsel you with My eye upon you."*

2C. The \_\_\_\_\_ (v. 9)

*"Do not be as the horse or as the mule which have no understanding,  
Whose trappings include bit and bridle to hold them in check,  
Otherwise they will not come near to you."*

3A. THE PSALMIST'S CLOSING STATEMENT: THE \_\_\_\_\_ (v. 10, 11)  
• THE \_\_\_\_\_ OF \_\_\_\_\_

*"Many are the sorrows of the wicked,*

*But he who trusts in the LORD, lovingkindness shall surround him.*

*Be glad in the LORD and rejoice, you righteous ones;*

*And shout for joy, all you who are upright in heart."*

CONCLUSION: