

PRAYER CARDS **for**

ATHLETES (TEENS)

God, as I am working hard at _____, please continue to give me

STRENGTH &

DISCIPLINE to work hard. When I finish with sports, will you show me how to use this hard work in my job and with my future family?

A hard worker has plenty of food, but a person who chases fantasies has no sense. Proverbs 12:11

God, you are using me through _____ to bring **glory** to your name. You gave me gifts and talents. Thank you. Would you show me who needs encouragement and when? Would you give me the **courage** to speak?

The generous will prosper; those who refresh others will themselves be refreshed. Proverbs 11:25

God, open my ears to hear, mind to understand, and heart to receive your **wisdom & instruction.**

Would you show me how to listen to your guidance through _____? Please help me

TRUST YOU as I play and practice.

Those who listen to instruction will prosper; those who trust the Lord will be joyful. Proverbs 16:20

God, sometimes games get intense and competitive. Other times, conflict occurs between coaches and teammates.

I need **wisdom** on when to speak and when to not speak. Please give me the self-control I need.

Watch your tongue and keep your mouth shut, and you will stay out of trouble. Proverbs 21:23

A person without self-control is like a house with its doors and windows knocked out. Proverbs 25:28

GOD, help me think
about how to
give you the sport of
_____. Please show me
how to **offer you**
the practices, skills, drills,
and games. Please help
define **SUCCESS** for me.

*Commit your actions to the Lord, and your plans will
succeed. Proverbs 16:3*

God, being in sports can
bring failure and success. No
matter what I experience, will
you keep my ego in check?
Bring people around me to
help encourage
HUMILITY.

*First pride, then the crash—the bigger the ego, the harder
the fall. Proverbs 16:18*

God, the world of sports is
competitive, but you bring
peace & restoration
to all things.

Would you show me how to be a
friend and good teammate amidst
the competition? Please show me
how to be a **REAL FRIEND**
through sports.

*There are “friends” who destroy each other, but a real
friend sticks closer than a brother. Proverbs 18:24*

GOD, you ask us to make our
plans but **hold them loosely.**
I don't know what tomorrow
holds, so as I look ahead at my
schedule with all the practices
and games, please show me how
to be **fully present today.**

*Don't brag about your plans for tomorrow—wait and see
what happens. Proverbs 27:1*

