

# ROCKPILE KIDS HANDOUT

AUGUST 16TH, 2020

## The Fruit of the Spirit- Self-Control

22 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control.

There is no law against these things! Galatians 5:22-23

### MEMORY VERSE

LIKE A CITY WHOSE WALLS ARE  
BROKEN THROUGH  
IS A PERSON WHO LACKS  
SELF-CONTROL.  
PROVERBS 25:28

### INVESTIGATE

WHAT DOES IT MEAN TO  
HAVE SELF-CONTROL? HOW  
CAN I CHOOSE TODAY TO  
GIVE EVERYTHING I WANT  
TO GOD AND TO CHOOSE  
WHAT HE ASKS ME TO DO  
INSTEAD?

### PRAY

DEAR GOD. THANK YOU  
THAT I KNOW IN YOU I  
CAN CHOOSE TO DO  
WHAT IS RIGHT. IT'S  
SO EASY TO CHOOSE  
OTHER THINGS, BUT  
WHAT I REALLY WANT  
IS YOU. HELP ME  
CHOOSE TO LIVE DAY  
BY DAY BY YOUR  
SPIRIT, AND NOT BY  
MY FEELINGS. HELP ME  
TO HAVE SELF-  
CONTROL. IN JESUS'  
NAME. AMEN