

"If we don't orient our lives, our lives are oriented for us. The natural flows of the river, the gusts of the wind will decide what direction our boat heads in if we don't take hold of the sail and the rudder. Spiritual practices, rhythms of doing life as a biblical community in reverence to Christ takes effort, scheduling, and a bit of discipline. This week we embrace our inner Type A and talk about how daily, weekly, monthly, and yearly intentional rhythms determine the outcome of our lives."

INTRODUCTION ACTIVITY:

Describe a typical day in the life of you.

MEMORY VERSE:

Acts 2:42-47

"42 And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. 43 And awe came upon every soul, and many wonders and signs were being done through the apostles. 44 And all who believed were together and had all things in common. 45 And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. 46 And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, 47 praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved."

SCRIPTURE READING:

Acts 2:46

"And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts,"

Acts 2:47

"... praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved."

2 Corinthians 4:16

"So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day."

Luke 12:33-34

"Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will never fail, where no thief comes near and no moth destroys. For where your treasure is, there your heart will be also."

DISCUSSION QUESTIONS:

- 1. When you read the words "they had all things in common" what comes to your mind? What do you feel?
- 2. When the verse says "they were selling their possessions and belongings and distributing the proceeds to all, as any had need," what does your brain start thinking about? How do you feel?
- 3. On a piece of paper, draw out a T-chart. On one side write Give. Underneath this section write all the ways you contribute to the body of Christ through your local church. On the other side write Receive. Underneath this section write all the ways you receive from the body of Christ through your local church.
- 4. What role do you think you play in the Body of Christ? Share that with your group.

CLOSING PRAYER ACTIVITY:

Invite someone to close the group in prayer.