

## Communication - Pt 1

Session 10 - Homework # 1

**SCRIPTURE:**    Luke 6:43-45, Rom 12:1-2

**Date** \_\_\_\_\_

**PRAY**

**COMMUNICATE**

Re-read the story of two “trains of thought.” **Honestly talk** about this concept and determine how often your communication looks like two trains heading toward each other on the same track.

\_\_\_\_\_ (Wait. Did you really talk about the above paragraph?) \_\_\_\_\_

**LISTEN & RESPOND**

Read **Luke 6:43-45** carefully and thoughtfully.

**According to the words coming out of your mouth, are there things in your heart that God wants to heal and transform?**

\_\_\_\_\_  
\_\_\_\_\_

**LISTEN & RESPOND**

Read **Rom 12:1-2** again, thinking specifically about the above question.

**Write down some ways that you can present this area of your life to God as a sacrifice. And write how you may be able to go about “renewing your mind” in this area.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SCRIPTURE:** Jas 1:19, Rom 12:1-2

**Date** \_\_\_\_\_

**PRAY**

**LISTEN & RESPOND**

Read **James 1:19**.

**Of the 3 commands here, which one are you the BEST at? And give an example.**

---

---

---

---

**Which one are you the WORST at? And give an example.**

---

---

---

---

**COMMUNICATE**

Discuss your answers with your spouse. Repent and ask forgiveness as necessary.

---

---

**PRAY TOGETHER**

Pray about this subject. Ask God's forgiveness, and commit to God and your spouse to focus your spiritual growth on the area of communication you need most to be transformed in.

## **Communication - Pt 1**

Session 10 - Homework # 2

**SCRIPTURE:**    **James 1:19-27, Eph 4:26-27**    **Date** \_\_\_\_\_

**PRAY**

**LISTEN**

Read **James 1:19-27**. Read it over at least twice.

**RESPOND**

Write about what role our tongue (communication) plays in us being a doer rather than just a hearer. And write about what role our tongue plays in hypocrisy or “worthless religion.”

---

---

---

---

---

---

---

---

---

---

---

---

**PRAY**

Pray with your spouse that God would save you from the hypocrisy of worthless religion, and pray that one of the key signs of your true “new life” would be how you communicate to your spouse.

## **LISTEN**

Read **Eph 4:26-27**. Don't think the words "Be angry" somehow permit anger.

The NLT translates these verses this way: 26 And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, 27 for anger gives a foothold to the devil.

Similarly, the NIV translates the beginning of v.26: "In your anger do not sin"

## **RESPOND**

**How often does anger control the way you communicate with your spouse?**

\_\_\_\_\_ Again, repentance may be in order.

**How does your communication, when controlled by your anger, give place to the devil? Write at least one real life example.**

---

---

---

---

---

---

---

---

---

---

## **PRAY TOGETHER**

Make a commitment in prayer to seek God's transformation in the area of communication in your marriage.