



Week 1

GR 1 - 3

Training to Win the Prize
Read : 1 Corinthians 9:24-25

Keep practicing
what matters most



"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come." 1 Timothy 4:8, NIV

My Prayer this week



I've got a question



Something I learnt

