

Jesus' Ministry

Grab & Go Session #1

Bible Passage: Mark 1; Luke 4

Story Point: Jesus ministered among God's people

Key Passage: Romans 10:9

Big Picture Question: Who saves us from our sin? Jesus saves us from sin.

The BIBLE Story

God the Father had big plans for His Son while He was here on earth. Jesus would be a great teacher and perform many miracles. He would heal the sick, make the blind see, and even bring the dead back to life. Jesus would do all these things because He wanted to do everything His Father asked Him to do. The Bible tells us that while Jesus was on earth, He had a body like you and I do. His body got hungry and tired, and He even felt pain. Jesus was sometimes tempted to make bad choices, just as we do. However, He never sinned. He never made a bad choice—not even once.

When Jesus grew up, He knew it was time to prepare for the big plans His Father had for Him to teach and perform miracles. The Bible tells us that the Holy Spirit led Jesus into the desert. He spent 40 days in the desert! Forty days is a long, long time! Can you hold up all 10 of your fingers? Now open and close your hands four times ... that's how many days Jesus spent getting ready to do all the big plans God the Father had for Him.

When Jesus came back from being in the desert, He was ready to start His Father's big plans for Him. First, He chose 12 men to be His disciples. A disciple is a follower of Jesus. One day, Jesus went into the synagogue. A synagogue is a place of worship, like a church. Jesus went into the synagogue and began teaching. The people were amazed! They knew something was different about Jesus. What made Jesus unlike anyone else who ever lived, or ever will live? Jesus is God!

God the Father's big plans for Jesus did not stop there! There were many days when Jesus taught people what is true about God and healed people who were sick. The Bible tells us there were days when people would come to Jesus for healing all day and into the night. Jesus must have become tired, but He stayed up all night healing people because He knew that was part of the big plans God had for Him.

Jesus knew He would have many busy days talking with, caring for, and healing people. The Bible tells us that sometimes while it was still night, Jesus would go out to be alone and pray. He knew that being alone with God was the best way He could get ready for all the big plans God had for Him. Jesus wanted to be sure that He only did what God the Father wanted Him to do.

Christ Connection: *God has big plans for each one of us, too. He wants us to tell others about Him and how much He loves all of us. How can we get ready? By talking with God and listening to God! Just like Jesus, we can hear and follow the big plans God has for our lives. God is always with us, and He will help us!*

Learn the big picture question

Say • Our big picture question is, Who saves us from sin? Jesus saves us from sin. In our Bible story, Jesus came to earth to carry out God’s work by healing, teaching and eventually dying on the cross and rising again. Only Jesus, the Son of God, can save us from our sin.

Practice the key passage

Read the key passage. *If you confess... “Jesus is Lord,” and believe... God raised him from the dead, you will be saved. Romans 10:9*

Say • Confess means to admit or to agree. Our key passage tells us that all we have to do to be forgiven of our sin is agree that Jesus is Lord and believe God raised Him from the dead. Jesus did all the work to save us when He died on the cross and rose again.

Coloring page

What you need: coloring sheet; markers or crayons

Say • In today’s Bible story, we learned how Jesus came to earth to serve others. That includes children, just like you. Jesus loves you!

Father stop and go (game)

Create a start and finish line on each end of the room. Play a version of the game like Red Light, Green Light. Stand in the front of the room as the “Father” in the game. Ask children to line up on the other line facing the “Father.” The “Father” should turn around so his back is to the children. The Father will say, “Go.” Everyone will start walking toward the Father. Make sure everyone is listening carefully, because when the Father says, “Stop” and turns, everyone needs to freeze. If someone isn’t frozen, they have to go back to the start line. The first player to cross the finish line will get to be the next “Father.”

Say • Today in The Bible Story, we heard how Jesus often had to listen carefully so He could follow His Father’s plans. We can listen carefully to God too by reading the Bible and praying.

**Add variety to the game by having children hop, skip, gallop, crawl, etc. to the Father. Point out it is another way they need to listen to hear the plan of the game.

I am thankful for Jesus (craft)

What you need: “I am thankful” printable; decorating materials of choice

Invite children to decorate their heart with whatever materials you have at home: crayons, markers, paints, or other craft supplies.

Say • In today’s Bible story, God sent Jesus to earth to serve and minister to others. That includes us! Jesus loves us so much that He died on the cross for our sins. We can give thanks for Jesus when we confess our sins, obey Him and serve others, as He did.

Story review

Remind children that as Jesus came to serve others.

Jesus died on the cross and rose again to save people from sin. Who saves us from our sin? Jesus saves us from sin.

Ask the following questions. Retell parts of the Bible story as needed.

- Who had big plans for Jesus? (God)
- What big plans did Jesus do? (healed people, taught, served)
- How did Jesus spend time with God? (he went to a quiet place and prayed)
- How can we follow God's plans for us? (read the Bible and pray)
- **Who saves us from our sin? Jesus saves us from sin.**