



WINTER MELTDOWN

February 5-7, 2021

Information Packet

Winter Meltdown 2021 Parent's Fact Sheet February 5-7, 2021

Dear Parents:

As you may or may not know our **Winter Meltdown Retreat** is almost upon us. In this packet you will find as much information as we have about this retreat, as well as some helpful suggestions and necessary forms.

Basic Retreat Info:

This retreat is guaranteed to be an action packed, spiritually challenging, & all-inclusive adventure for our students! RVR hosts this retreat every year for various youth ministries in the area, so our students will not only strengthen their relationship with Christ, but also build stronger relationships with each other.

There is a zip line, great worship, paintball, dodge ball, gaga ball, foosball, a Ninja barn, evening services, and so much more! **EVERY ONE** of our students needs to go on this retreat!! It gives the leaders time to strengthen relationships with the students and discuss the nuts and bolts of their faith. It will be a weekend to remember. **Cost is \$180 and includes all lodging, food, activities, transportation & a custom Winter Meltdown hoodie.**

Covid Precautions being taken:

- All students will complete a health assessment before departure.
- We will take everyone's temperature upon arrival at Crosswind Church before leaving.
- Masks will be required on the bus ride and if we are standing in line where we cannot social distance. They will not be required when we are outside unless we are in close proximity to each other.
- The overall number of students allowed to attend WM has been reduced by 50% to allow us to spread out in the service with the speaker, in the dining hall, dorm rooms and for all other activities.
- Crosswind students will only have 30 spots available, including leaders, and will constitute a "pod". There will be 4 pods for the weekend and they will each do all of the activities together and rotate through them so that the pods are kept somewhat separate from each other.
- About 50% of the beds have been eliminated from the dorm rooms to allow students to spread out while sleeping.
- If any student develops any symptoms on the health screening over the weekend, we will isolate them and call the parents to come and pick them up.
- RVR has cleaning and sanitation procedures in place to keep common areas cleaned.

Additional Info:

This packet also includes a list of suggested things to bring. We hope this is helpful, but we are sure this is not a complete list. **Please help your student not to pack too much**, since our luggage & rooming space will be limited. Also, please **do not allow your student to bring their cell phones or MP3 players**. This will encourage our students to build relationships with each other, and not with their technology. If you need to get a hold of your student during the weekend, please call Tina Dubyoski at 443.536.4494 (middle school) or Becca Moreland at 410-564-7967 (high school), who will put you in contact with them.

Please note that we'll be leaving **from the church** Friday evening at 6:15 and returning between 11:00 and 11:30 p.m. on Sunday (return time subject to change). If you could have your student at the church by **5:30 p.m.** on Friday (pizza will be provided), it would help us to leave on time.

Finally, you will find a permission slip and a medical release form in this packet. Please read them over carefully, fill them out completely, and sign where needed. Be sure to include telephone numbers where you can be reached. If your student is somehow injured, cannot be found, or develops a behavioral problem, we will call to consult you about it. Also included is a "Christian Conduct Contract" for you & your student to read and sign. **These forms must be properly completed and returned to the Student Leadership Team, along with the initial deposit of \$50, by November 29, in order to secure your student's spot to go to Winter Meltdown 2021.** Full payment should be handed in no later than **January 24, 2020.** ****RVR has offered to make all payments fully refundable in the event that your student is unable to attend**.**

For your convenience, the following payment schedule has been set up: **\$50 deposit by Nov. 29, \$100 payment by Jan. 6, & \$30 final payment by Jan. 24.**

Lastly, please regard this retreat as being farther away from home than it actually is! If your student has something else going on that weekend, please choose between the two activities. Pray with us as we believe God for a successful retreat and wonderful memories at Winter Meltdown.

Thank you,

Crosswind Student Ministries Leadership Team
Crosswind Church

Winter Meltdown Packing List

Things to bring:

- Outdoor gear (coats, scarves, gloves, hats, etc.) – it will be cold this weekend and we will be outside Saturday afternoon with many of the activities.
- Boots, in case it is muddy
- Warm clothing suitable to play outside and get dirty (football, ice hockey, gaga ball)
- Sneakers to wear inside the gym – there is a dodgeball tournament for everyone on Saturday night. Basketball in the gym is another option during free time.
- Paintball clothes that can get dirty
- Shower accessories (shampoo, soap, deodorant, toothbrush & toothpaste)
- Towels and washcloths (these are NOT provided)
- Plastic bags to put dirty or wet items into their suitcase.
- Sleeping bag, pillow, blanket (linens are NOT provided – just beds)
- Money for snacks (hot cocoa, candy bars, etc. – this is optional)
- Bible

Things Not to bring:

Cell Phones!!! (you will survive, we promise)

iPods, MP3 Players, etc. (if you don't have it, you can't lose it)

Drug paraphernalia & alcoholic beverages

Fireworks

Prank equipment (shaving cream, silly string, water balloons, etc.)

Packing Notes:

- Please keep clothes modest (Nothing that reveals too much skin. If you have to ask, don't bother wearing it) **Leadership reserves the right to make you change clothes.
- Please be aware of the weather in the days leading up to the trip, and help your student pack accordingly.



Winter Meltdown 2021 - Student Form

Please complete and give this form to your youth leader, along with your \$50 deposit, before Nov. 29

Name of Student: _____

Student's date of birth: ___/___/_____ Grade: _____

Parents' Names: _____

Address _____

City, State, Zip _____

Mom's Cell: _____ Dad's Cell: _____ Home Phone: _____

Emergency Contacts: _____ Phone: _____

In case of an accident, injury, or illness, I (we) give permission for my (our) student to be evaluated, diagnosed, treated and/or medicated in accordance with standard medical practice by licensed medical personnel. I relieve Crosswind Church, its employees, volunteers, chaperones, or other representatives of all responsibility and consequences that may arise because of this treatment. Further, I (we) agree to accept any and all financial responsibility due to scheduling such care.

Health and Parental Permission:

Health disorders or Surgeries: _____

Allergies: _____

List any current medications (including dosage and times): _____

Date of Last Tetanus Shot: _____

Name of Physician: _____ Phone: _____

Insurance Information:

Policy Holder's Name _____

Insurance Company Name _____

Insurance Company Address _____

Policy Identification Number _____

This health history is correct as far as I know, and the student listed has permission to engage in all pre-scribed camp activities, except as noted by me.

Signature of Parent/Guardian: _____ Date _____

Winter Meltdown 2021 "Christian Conduct Contract"

Because I am a member of Crosswind Student Ministry...

1. I will obey and show respect toward our Student Leadership Team, our chaperones, and all RVR staff. I will adhere to all rules set up by them and RVR staff.
2. I will respect the rights and property of others, and display a patient, Christian attitude toward those in my group as well as those in the other groups present.
3. I will not attempt to leave the retreat grounds under any circumstances without their permission.
4. I will attend and participate in all required events, keeping in mind that sufficient free time may be scheduled for my enjoyment.
5. I will not deliberately cause any damage to anything. I realize that I am financially responsible for any damage I may cause directly or indirectly to RVR property or to another's personal property. Any materials brought for the sole purpose of trashing someone's property will be confiscated and will belong to the Student Leadership Team until the Lord comes back.
6. I realize that I am a representative of Crosswind Church and I will conduct myself in a manner that would make my parents, pastor and home church proud of me. I will make a special effort to promote good relations between other students & leaders within our group, and other groups present.
- 7. If one of my possessions is damaged or stolen, or I feel a chaperone is treating me unfairly, or I am unhappy for any reason, I will notify the Student Leadership Team instead of complaining to everyone else. (Thou shall not gripe!!)**
8. I will use common sense to abide by obvious rules of Christian conduct, and will not do anything contrary to the teachings of the Church of God or God's word.
9. I will not bring or use fireworks, matches, or any other dangerous substances on this trip. I will not participate in any activity, prank, or practical joke that might offend someone, risk physical harm, cause property damage, or in any way violate any of the rules of RVR, Winter Meltdown, the Student Leadership Team, our chaperones, God, and my parents.
10. I will let my chaperone know where I am at all times & not go anywhere without their permission.
11. I will allow anyone to take a picture or shoot video of me without making it difficult, such as turning my head and avoiding the memory of a lifetime.
12. I realize this weekend is a non-dating experience. I will respect the opposite sex with my conduct and discussion. I will focus my attention towards relationship not romance. I understand that holding hands, hugging, kissing, lap-sitting, pairing up and separating from the group and any inappropriate conduct is prohibited.
13. I understand that should my behavior become unacceptable or inappropriate, my parent or guardian will be notified to drive all the way to RVR to pick me up (regardless of the hour).

** I, the undersigned, agree to abide by this code of conduct to the best of my ability, so help me God.

Trip Participant Signature: _____

Parent/Guardian Signature: _____

CROSSWIND STUDENT MINISTRY

2020-21 COVID-19 Health Screening/Waiver

PLEASE COMPLETE AND BRING THIS DOCUMENT WITH YOU TO THE EVENT YOU ARE ATTENDING.

Name: _____ (please print neatly)

I hereby certify that to the best of my knowledge, during the past 14 days, I have not had close contact with someone who tested positive for COVID-19 or is awaiting test results and presumed positive. I certify that I have also not tested positive in the past two weeks.

I also certify that I have completed a symptom review prior to my arrival and am symptom-free. I understand that if I begin to experience any of these symptoms while attending a Crosswind Student Ministry function, I will notify a leader immediately. The Centers for Disease Control and Prevention (CDC) has identified the following symptoms to be COVID-19 related:

- Cough
- Shortness of breath or difficulty breathing
- Fever of 100.4 degrees or more
- Chills
- Repeated shaking with chills
- Runny nose or new sinus congestion
- Muscle pain
- Headache
- Sore throat
- Fatigue
- New GI symptoms such as diarrhea, vomiting or stomach pain
- New loss of taste or smell

I agree to abide by the guidelines of Crosswind Church relating to Covid-19 which includes bringing my own mask and wearing it whenever I am indoors or unable to maintain a 6-8-foot distance outside. I will make every effort to wash my hands or use available hand sanitizing stations regularly. I will do my part to maintain reasonable physical distance throughout the event.

I agree to release Crosswind Church and Crosswind Student Ministry from any liability which may arise out of my participation in the event listed below. My signature indicates that I have read and understood this health assessment/release form.

Date: _____

Student Signature: _____

Parent Printed Name _____

Parent Signature _____

Event Name: WINTER MELTDOWN 2021 Event Date: February 5-7, 2021