JESUS OVER EVERYTHING Week 2

If you want to follow Jesus it means surrendering everything to him. He is the CEO. Yet one of the hardest areas to surrender to him is our view of ourselves. If we are ever to fully live the life he wants us to, we must have an accurate view of who we are.

- 1. Describe a time in your life when your perception of yourself was wrong. How did it impact your choices and actions?
- 2. There are two dangerous extremes to fall into with self-perception: 1) thinking too highly of ourselves and 2) thinking too lowly of ourselves. What are the dangers of each? Which extreme do you lean towards?
- 3. Read the following verses. What do they say about surrendering our self-perception?

Romans 12:3 Don't think you are better than you really are. Be honest in your evaluation of yourselves...

Psalm 139:14 Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.

Proverbs 3:7 Don't be impressed with your own wisdom...

Romans 8:37 we are more than conquerors through him who loved us.

Ephesians 2:10 For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

- 4. Dave said that we are dealt 5 cards in life that influence our self-perception:
- 1) Chemistry (our biology, dna, and personality)
- 2) Connections (our relationships in life)
- 3) Circumstances (the things that happen to us and around us)
- 4) Consciousness (how we think based and what shapes our thinking)
- 5) Choices (the decisions we make that help or harm us)

Describe how one of these cards has affected who you are and how you see yourself. Be specific. How has God worked in that area of your life?

5. Every single one of us have weakness and strengths that make us who we are. How can you use your weaknesses as a chance to surrender more to God this week? How can you use your strengths as a way to celebrate God this week? Be specific.