

## FOR *Transformation*

We all want to be transformed in some way. We want to get rid of an addiction, or relate better to others, or stop gossiping, or just be a better person. We all want God to change us. The issue isn't our desire for change, it's the hard work of change. We have tried but failed again and again. We sometimes wonder if transformation is really possible. Thankfully, God shows us that it is.

1. Describe a time when you saw a significant transformation in yourself or someone close to you. What caused that transformation?
2. So often we want transformation in our lives but we feel like a disappointment and transformation is impossible. How do the following verses challenge that thinking?

And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image. **2 Corinthians 3:18**

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. **Ephesians 2:10**

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. **2 Corinthians 5:17**

3. Dave said that one of the keys to transformation is confession. Why do you think confession is so important to transforming your understanding of yourself, your relationship with God, and your relationship with others? Why is it so difficult to do?
4. Another key to transformation is repentance. Repentance, at its core, means to completely change direction. Why do you think it is so difficult to change direction in your life with an area of struggle even if you want to? How have you found this true in your life?
5. What area of your life do you desire God to transform? What specific step do you need to take this week to allow him to begin the process?