

PRAYER WALKS

—STADIUM NEIGHBORHOOD—



The 10-year vision of First Pres is to end loneliness in our neighborhoods. We seek to bring the good news of the gospel to the neighbors who live and work near our church and who live near our homes. As a church that believes in the power of prayer, we thought that the best way to pursue this goal is to pray for our neighbors and for our neighborhood. This guide is designed to help you pray for the neighborhood around the church. We have also produced a Field Guide to guide you in praying for the neighbors where you live.

Seek the shalom of the city to which I have carried you into exile. Pray to the LORD for it, because if it prospers, you too will prosper.

Jeremiah 29:5-7

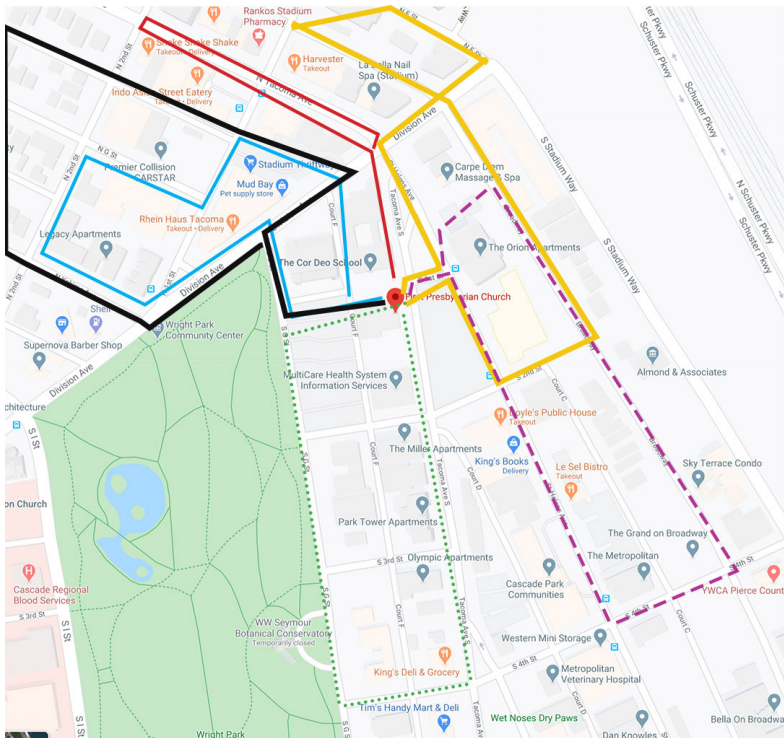
We've identified six walks that guide you through most of our FOR Tacoma territory. They are all under one mile in length and range from easy to difficult terrain. Choose one and try it out. Make a plan to try out all of the walks over a set period of time. Go individually or in a group.

The background of the page is a black and white photograph of a street. It features several white-painted crosswalks with diagonal stripes. In the center of the image, a person is walking away from the camera, their shadow cast long on the pavement. The overall tone is somber and contemplative.

Tips for a Successful Prayer Walk

- A. Pray before you leave that the Lord would open your eyes to see the neighborhood and the people the way He sees them.**
- B. Read the directions and notes for your walk ahead of time so you can focus on praying while you walk.**
- C. Don't rush; walk slowly and try to notice small details.**
- D. Be discreet. Pray silently, and if you're in a group, try to look like you're out for a stroll. We're encouraging prayer and not trying to make a statement with our prayer walks.**
- E. Pray as specifically as you can. What breaks God's heart? What brings Him delight? How are the needs of a resident of the Orion different from the needs of a checker at Thriftway?**
- F. Take notes. After your walk, write down anything interesting that you saw or anything that the Lord may have placed on your heart.**

- Main Drag:** This walk takes you to some of the main businesses to the north of First Pres.
- New Kids on the Block:** This walk will take you to some of the new businesses that have come to our neighborhood in the past few years.
- **-Hidden Neighbors:** This walk will take you along some neighborhood gathering spots south of us and a wide variety of residential buildings.
-**Park View:** This walk will take you along some large apartment buildings to the south and then on to the mostly apartments that front Wright Park.
- Neighborhood Icons:** This walk will take you to the three major icons in our neighborhood (First Pres Church, Landmark Theater, Stadium High School).
- Back Roads:** This walk takes you past a temporary bus stop on our property, the only industrial building in our neighborhood, and the few single-family residential homes.



1) Main Drag

Overview: This walk takes you to some of the main businesses to the North of First Pres.

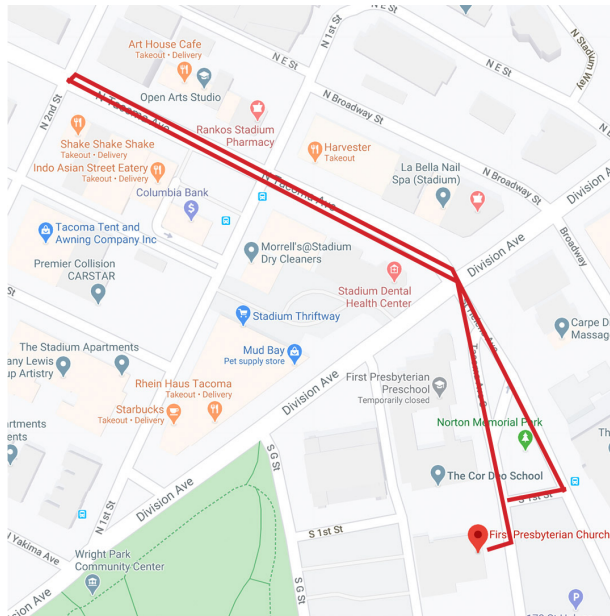
Distance: .55 miles **Difficulty:** Easy (gentle slope, good pavement)

Fun fact: On this walk you will pass by five businesses that have each been owned by one family for three generations (Franco the Tailor, Morell's Dry Cleaners, Stadium Thriftway, Ball Auto, and Rankos' Pharmacy)

Directions: Head out of the front doors of the church, turn left, and walk along Tacoma Ave South. Cross Division Ave to Stadium Dental and keep going along Tacoma Ave until you hit Salamone's Pizza. Take a left on North 1st Street and continue to Stadium Thriftway. Cross North 1st at the crosswalk and turn right towards Columbia Bank. Turn left at Tacoma Ave and continue until you hit Shake Shake Shake. Cross Tacoma Ave South, turn right at the Town House Apartments, and head up Tacoma Ave North to Rankos'. Cross at Division Ave and continue on Tacoma Ave North until you hit Community Walgreens Pharmacy. Cross Tacoma Ave North and Division and return to church.

Prayer Notes:

Many of these businesses are struggling because of the light rail construction, and because of the shutdown caused by COVID-19. Pray that they would be able to survive these interruptions.



2) New Kids on the Block

Overview: This walk will take you to some of the new businesses that have come to our neighborhood in the past few years.

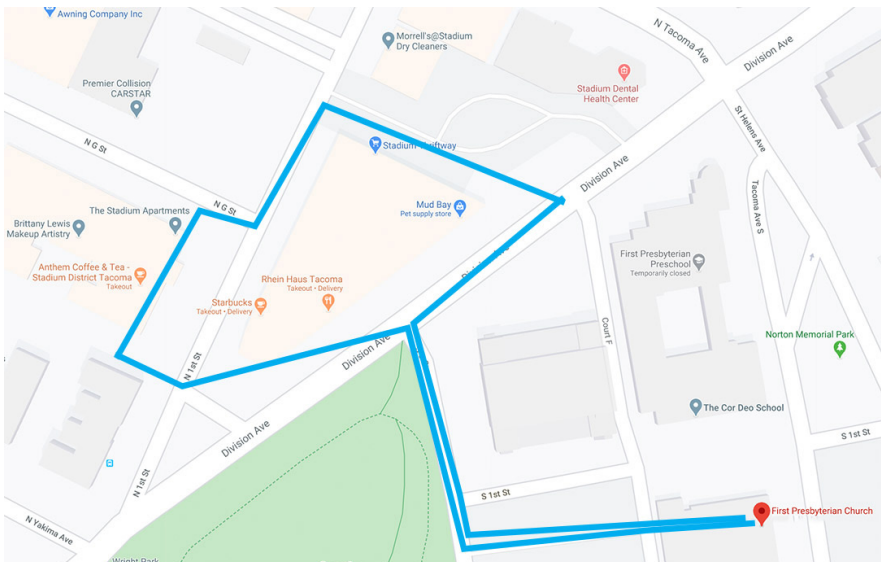
Distance: .47 Miles
(pavement)

Difficulty: Easy (gentle slope, good

Fun fact: Most of these businesses are franchises or at least not the first location for those particular business.

Directions: Head out from the church parking lot and turn right on G Street. Cross Division Ave at the crosswalk and take a left towards Rhein Haus. At the end of the block follow the sidewalk into a U-turn and walk towards Starbucks. At mid-block (intersection with G) Cross North 1st St. Turn left and head to Anthem. OPTIONAL: Go into Anthem coffee, order something, find a seat with a view, and pray for people as they pass by). From Anthem take a left and walk along North 1st Street. Cross at the crosswalk to Thriftway and walk through the parking lot. Once you hit Division, turn right and walk along Division until you get to the crosswalk. Cross Division, go up G, and return to church.

Prayer Notes: Mud Bay, Orange Theory, Rhein Haus, Starbucks, and Anthem are all gathering spots for specific communities. Pray that we could partner with them to help people feel a greater sense of belonging in this neighborhood.



3) Hidden Neighbors

Overview: This walk will take you along some neighborhood gathering spots south of us and a wide variety of residential buildings.

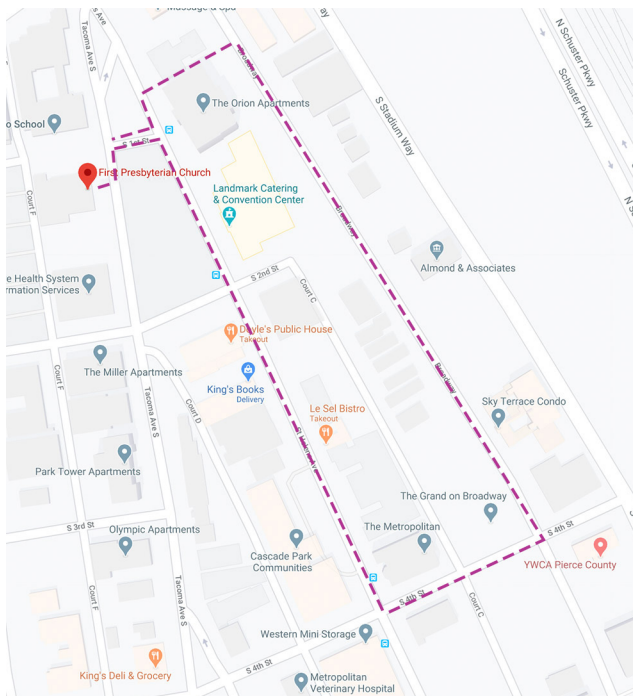
Distance: .68 Miles
stairs)

Difficulty: Difficult (steep hill and stairs)

Fun fact: First Pres Church was involved with the construction of what is now called the Orion Apartments (its former name was Commencement Terrace).

Directions: Leave from playground and cross Tacoma Ave. Before crossing St. Helens, turn right, and head down St. Helens towards Doyle's Pub. At South 4th St. turn left and go down the hill (South). At South Broadway turn left and walk North on Broadway. Just before Division, look for a stairway on your left. Take the stairway up to St. Helens. At St. Helens, turn left and head towards the Orion Apartments. At the Orion, cross the crosswalk and return to church.

Prayer Notes: Notice all the windows and pray for anyone who may be struggling with loneliness behind them.



4) Park View

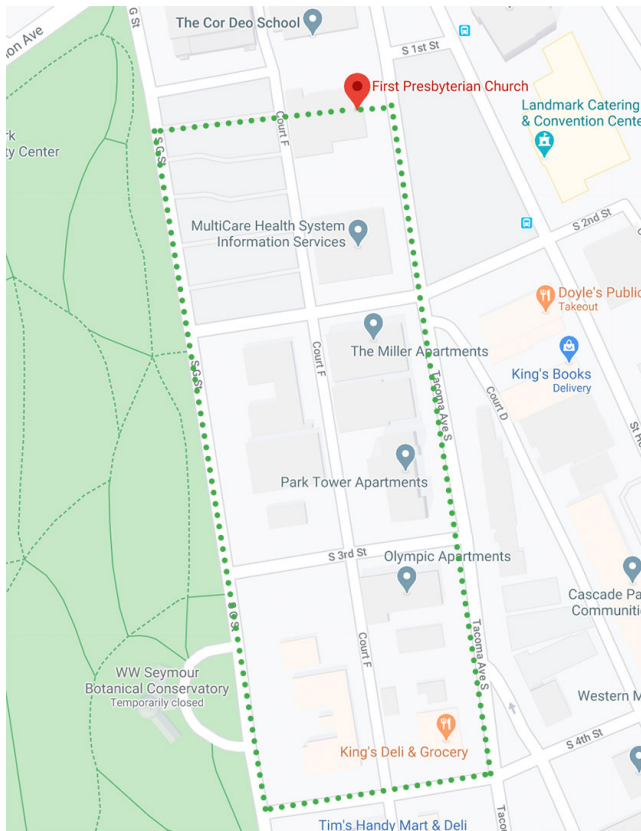
Overview: This walk will take you along some large apartment buildings to the south and then on to mostly apartments that front Wright Park.

Distance: .49 miles **Difficulty:** Moderate (one moderate slope and some cobblestones)

Fun fact: We have a number of elderly neighbors who live along G street.

Directions: Head out from front doors of church and take a right on Tacoma Ave. South. Continue walking until you hit 4th Street South. Then turn right and head up the hill until you hit G. St. Turn right on G and continue walking until you return to the church parking lot.

Prayer Notes: Pray for the widows and widowers along these streets those whose grown children live far away and for people who have outlived their friends.



5) Neighborhood Icons

Overview: This walk will take you to the three major icons in our neighborhood (First Pres Church, Landmark Theater, Stadium High School)

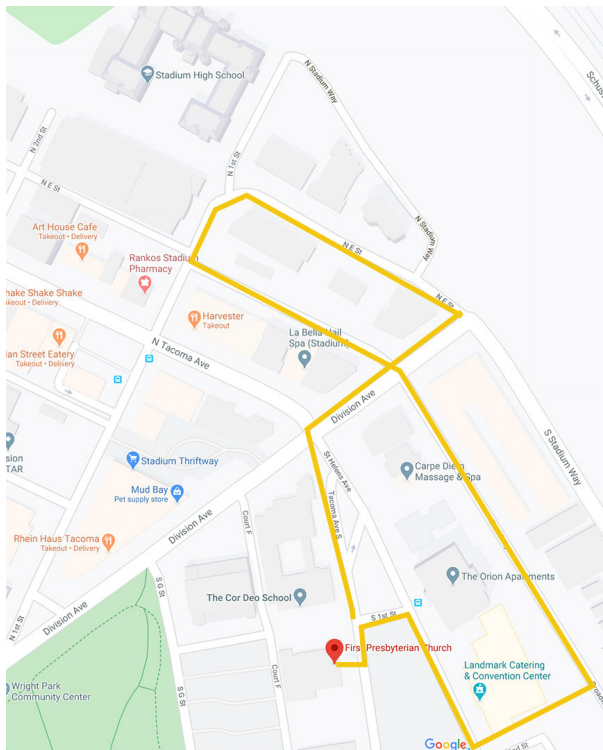
Distance: .61 miles
hills)

Difficulty: Difficult (Stairs and steep

Fun fact: Stadium High School was the setting for the movie “10 Things I Hate about You.”

Directions: Head out from the playground and cross Tacoma Ave. South and St. Helens at the crosswalk. At St. Helens, take a right. Continue walking and then turn left just past the entrance to the Temple Theater. Head down the stairs to get to Broadway. Turn left at Broadway and follow it to Division. Cross Broadway at the crosswalk and then cross Division (look both ways). Continue walking on Broadway until you get to Stadium Way. Take a right down the hill at Stadium way and follow it around the curve until you get to Division again. Cross Division and then turn right. Head up Division until you get to Tacoma Ave South. Cross Tacoma Ave South at the light. After crossing, turn left and return to church.

Prayer Notes: Pray for the students and faculty of Stadium High School.



6) Back Roads

Overview: This walk takes you past a temporary bus stop on our property, the only industrial building in our neighborhood, and the few single-family residential homes.

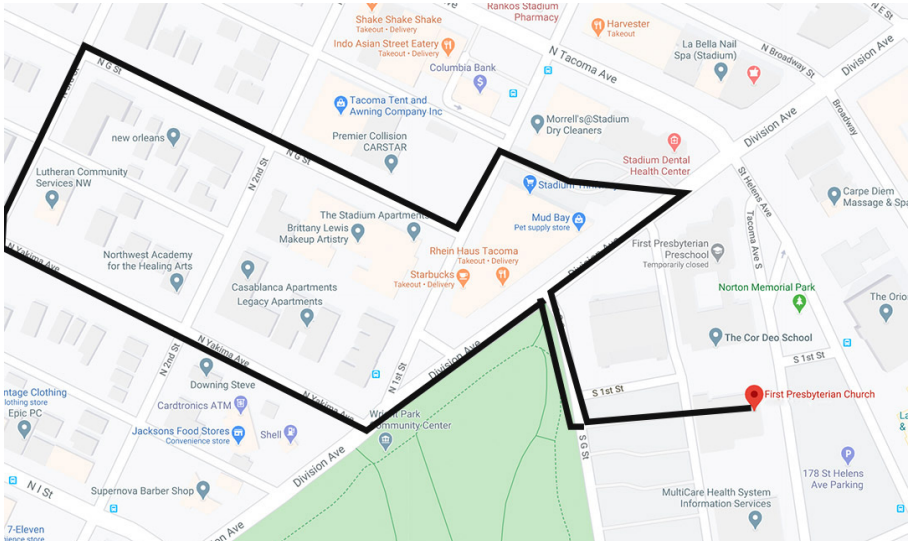
Distance: .72 Miles

Difficulty: Difficult (hills and unpaved surfaces)

Fun fact: Carol Heath's father used to be the manager of Stadium Thriftway.

Directions: Head out from the playground towards Wright Park and take a right at the alley. Go down the alley until you reach Division and then turn right. Follow Division to the corner and turn left to cross at the light. At Stadium Dental turn left and then walk through the Thriftway parking lot to North 1st St. Jog left at North 1st St. and then cross North 1st at the crosswalk. After crossing, turn left and walk a half block until you reach G. St. Turn right at G. Street and head up the hill. At North 3rd St. turn left and walk to Yakima Ave. At Yakima Ave turn left and walk down the hill towards Wright Park. At the light, cross at the crosswalk to Wright Park. At the park, turn left and follow the outermost trail around the curve to the top of the hill. Look both ways and cross South G. street to return to the church parking lot.

Prayer Notes: Pray for the people waiting at the bus stop.





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